

THE PA FAMILY NETWORK OFFERS:

Information

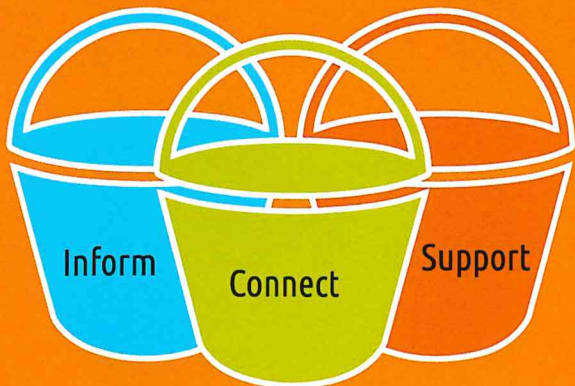
Learning where to find information and the tools you need

Connections

So you don't feel alone and find strength in sharing with others

Support

Tangible things you need to make your vision a reality



Willy Wonka
Candyman solo
PPAC 2019

CONTACT US

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Follow us!



Family Network

Supporting Families Throughout the Lifespan

*Assisting Pennsylvania Families
Finding Information, Supports
and Resources to Live an
Everyday Life*

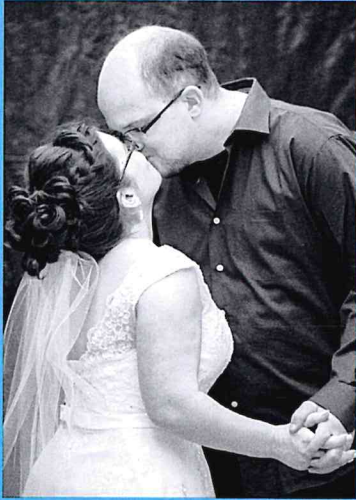
An initiative of



Vision for Equality

CORE BELIEF

All people and their families have the right to live, love, work, play, and pursue their life aspirations in their community.



The PA Family Network consists of approximately 25 Family Advisors located across Pennsylvania.

We hold workshops based on the LifeCourse Framework, provide mentoring to individuals and families, and help families make connections, find information, and develop supports to live an Everyday Life.

Supported by the Office of Developmental Programs as part of:

**PENNSYLVANIA
COMMUNITY OF PRACTICE
FOR SUPPORTING FAMILIES**

WORKSHOPS OFFERED

Creating a Vision for a Good Life

- Think about what you need to know & do
- Identify how to find or develop supports
- Discover what it takes to have an “Everyday Life” in their community.

Transition to Life After High School

- Think about all the important areas of life or Life Domains
- Address questions & concerns specific to Transition Age
- How to integrate supports from a variety of resources

Living Safely in the Community

- Create a strong vision for living safely in your community
- Practical skills & strategies for increasing safety in your community
- Use the LifeCourse Framework & Tools to break down the safety barriers

L.E.A.D. the Way to Healthy Relationships & Sexuality

- Develop strategies to develop healthy relationships & mitigate risk
- Use the LifeCourse Framework & Tools to Learn, Educate, Advocate, and Demonstrate your way to Healthy Relationships & Sexuality

Peace of Mind Planning: Long Term Planning for a Good Life

- Explore how to identify and/or develop services and supports across the lifespan.
- Identify the legal & financial considerations in planning for the future.
- Experience hands on practice with the LifeCourse Tools, planning worksheets, and Longterm Planning Workbook.

FAMILY AND INDIVIDUAL MENTORING

Family Advisors can meet with a family or small group of families for more personalized mentoring. We will help you navigate the disability system, guide you in creating a vision, assist in completing your LifeCourse Portfolio, identify and/or develop supports, and find information specific to your journey.

If you would like to speak to a Family Advisor, attend a Workshop or just get more information please contact us.

