

# Office of Developmental Programs 101: A Vision for Life Beyond High School



Presentation by Cortney McCaleb and Kelly Arnold from the Office of Developmental Programs

October 23, 2020

## Agenda



- Brief Introduction
- ODP Overview
  - ✓ History
  - ✓ Mission, Vision and Values
  - ✓ Structure
  - ✓ What we do and who we serve
- Evolution of Supports
  - ✓ Transition, Competitive-Integrated Employment, Meaningful Day
- Resources

## The ODP System in Pennsylvania



1981: Congress allows states to shift Medical Assistance resources from institutions to community-based settings.

Waiver: Medical Assistance services provided in home and community-based settings.

The ODP system is committed to providing opportunities to individuals for quality, integrated, and community-based services.

#### Services include:

- Services in an individual's home or local community.
- Non-residential services including employment, job support and facility based day services.
- Residential services in group homes and Life Sharing settings where an individual lives with others in a family setting.
- Transportation.
- Therapies.

## ODP Mission, Vision, and Values



#### Mission

to support
Pennsylvanians with
developmental
disabilities to
achieve greater
independence,
choice, and
opportunity in
their lives.

#### Vision

to continuously improve an effective system of accessible services and supports that are flexible, innovative, and person-centered.

#### **Values**

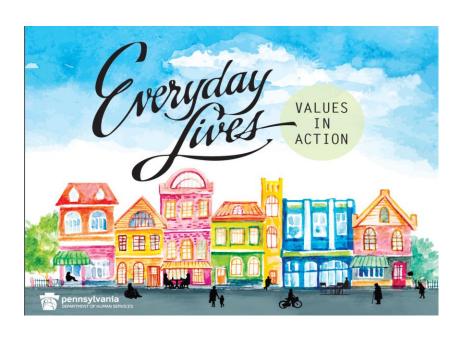
based on the
Everyday Lives:
Values in Action, ODP's
vision promotes the
belief that, with the
support of family and
friends, people with
disabilities can and
should decide how
to live their lives.

Scope

ODP serves individuals with an Intellectual Disability and/or Autism Spectrum Disorders.

#### Everyday Lives – Values In Action





#### **Foundational Statements:**

- 1. We value what is important to people with disabilities and their families, who are striving for an everyday life.
- 2. People with disabilities have a right to an everyday life; a life that is no different than that of all other citizens.

## **Everyday Lives Recommendations**

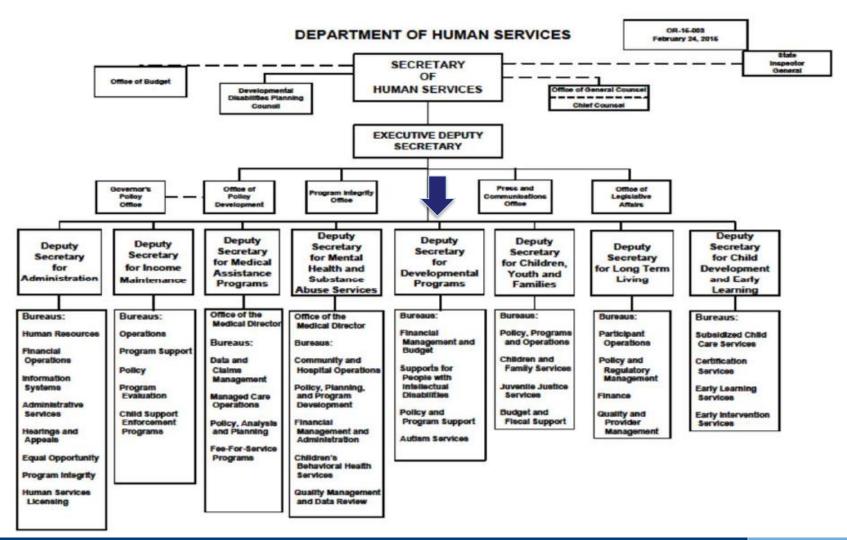




https://www.myodp.org/mod/page/view.php?id=7775

## Departmental Structure

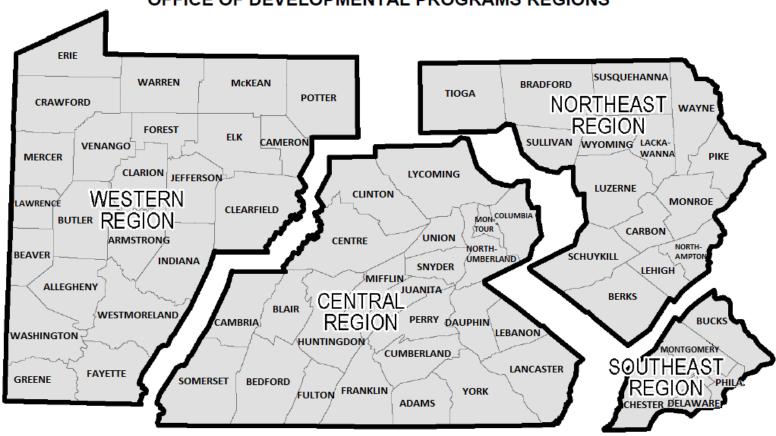




## **ODP** Regions

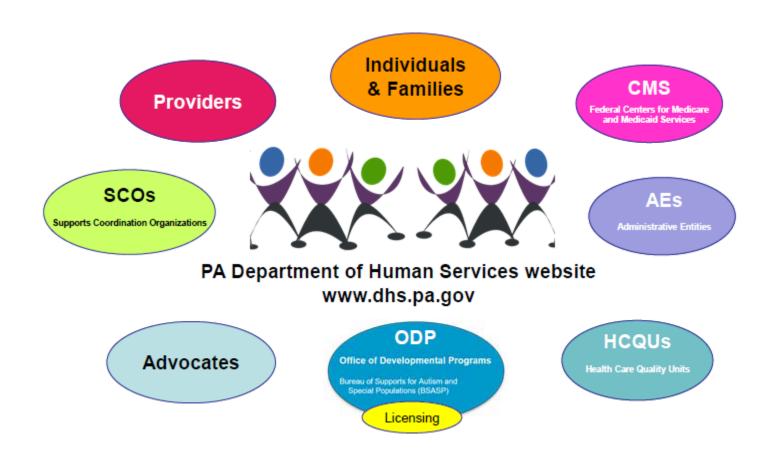


#### OFFICE OF DEVELOPMENTAL PROGRAMS REGIONS



### Structure of the ODP System in PA





#### Who Are We?



The Office of Developmental Programs (ODP) is the state office designated to administer and oversee services to individuals with Intellectual Disability (ID) and/or Autism.

ODP delegates authority to County/Administrative Entities (AEs). AEs are ODP's delegates for assuring that federal and state requirements are met within their jurisdiction. BSASP has authority for oversight of Adult Autism Waiver services.

#### Medicaid-Funded Services

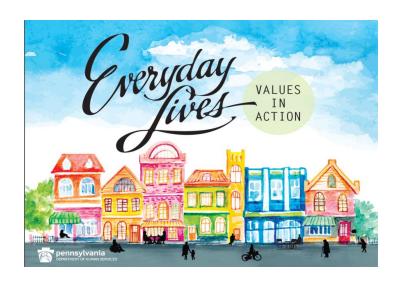


## Medicaid:

PA – Medical Assistance

## **Medicaid ODP Waivers:**

- Consolidated Waiver
- Community Living Waiver
- Person/Family Directed Supports (P/FDS) Waiver
- Adult Autism Waiver



#### What Do We Do?



#### ODP is responsible to:

- Manage the Waivers
- Process Provider applications and enrollment
- Establish Waiver Capacity
- Maintain online web-based applications
- Oversee monitoring of providers
- Establish rates
- Create policy
- Monitor Administrative Entities (AEs)
- Qualify and monitor Supports Coordination Organizations (SCOs)

#### County/AE's\* are responsible for:

- Providing technical assistance and support to providers
- Qualifying Providers
- Determining individual eligibility
- Authorizing services
- Monitoring providers
- Independent Monitoring for Quality (IM4Q)
- Managing Waiver Capacity
- Reporting and investigating incidents
- Maintaining and safeguarding waiver records

<sup>\*</sup> Note that the Bureau of Support for Autism and Special Populations performs some of these functions for the Adult Autism Waiver.

#### Who Do We Serve?



 Individuals with an Intellectual Disability and/or Autism who have been determined programmatically and financially eligible\*.

More information about eligibility for services is available on the Pennsylvania Department of Human Services website: www.dhs.pa.gov

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## Eligibility



#### General waiver eligibility requirements

- A diagnosis of intellectual disability, autism or, for children through age 8, developmental disability
- A medical evaluation that recommends that the individual needs institutional "level of care" of an intermediate care facility
- Financial eligibility as determined by the County Assistance Office (income below 300% of federal benefit level)

ODP Bulletin: Individual Eligibility for Consolidated and Person/Family Directed Support (P/FDS) Waiver Services

## Eligibility and Enrollment



#### Supports Coordination (SC)

Application for the Medicaid Home and Community Based Waiver Program

#### If funding and capacity available:

- Enrollment
- Individual Support Plan

#### If funding and capacity is not available:

- Prioritization of Urgency of Need for Services (PUNS) > waiting list
- Identify other types of community supports and services

## Eligibility



#### **County IDD Office Contacts:**

http://pafamiliesinc.org/understandingsystems/intellectual-disabilities/intellectualdevelopmental-disabilities-county-contactinformation-for-pennsylvania

#### OR

Contact the Intellectual Disabilities Services Customer Service Line at 1-888-565-9435:

https://www.dhs.pa.gov/contact/Pages/Intellectual -Disabilities-Contacts.aspx



## How To Stay Connected



## ODP communicates regularly with its stakeholders

## through:

- Listservs
- PA Bulletin
- Announcements
- MyODP Website
- Provider Associations
- Conferences and Meetings

ODP Listserv: RA-PWODP\_OUTREACH@pa.gov

BSASP Listserv: RA-PWBASPROVENROLL@pa.gov

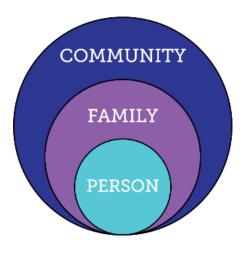


# **Evolution in Services and Supports for People with Developmental Disabilities**





#### Services and Supports are Evolving



Everyone exists within the context of family and community



Traditional
Disability Services

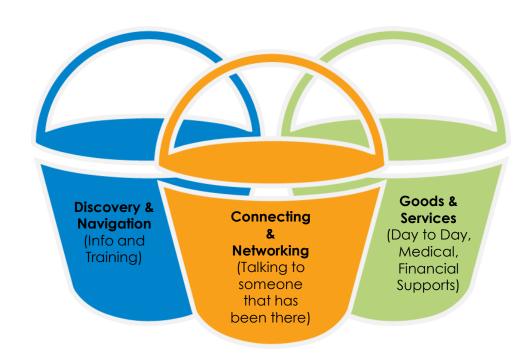


Integrated
Services and
Supports within
context of
person, family
and community



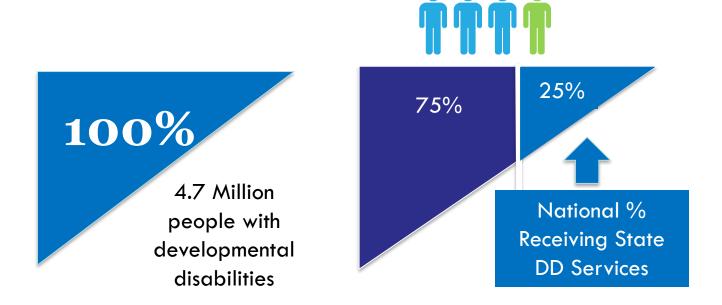
## What do Families need?







#### 1 in 4 Persons with I/DD Receive Formal State DD Services



<sup>\*\*</sup> Based on national definition of developmental disability with a prevalence rate of 1.49%



## 202,271 estimated Pennsylvanians with DD Based on 1.58% prevalence of PA citizens<sup>1</sup>

69% (139,768)

Not Known to DD State System

13 %
Support
Coordination

18%
Paid DD
Services

#### **Support Coordination**

- State Support Coordination Only (SC Only²): 15,466
- County Support Coordination Only (Base<sup>2</sup>): 10,337

#### **Paid DD Services**

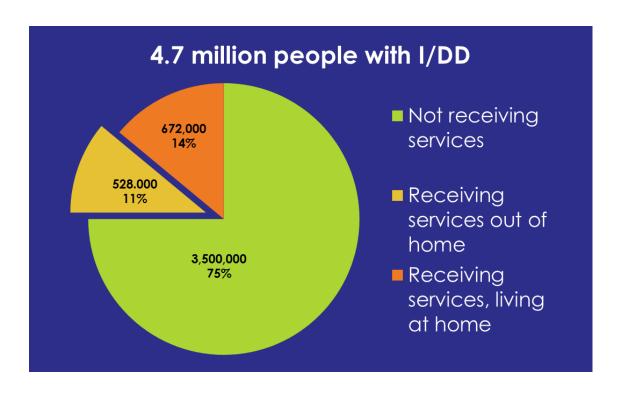
 Support Coordination Plus Paid DD (Community Living/Consolidated /PFDS/ Adult Autism Waivers<sup>2</sup>): 36,700

#### Data Sources:

- 1. US Census population estimate 2019 12,801,989
- 2. Office of Developmental Programs Annual Data Report FY 2018-19 Page 4 Enrollment by Program During the State Fiscal Year



89% of people with I/DD live with their family or in their own home.



Larson, S. A., Lakin, K. C., Anderson, L., Kwak, N., Lee, J. H., & Anderson, D. (2000).





#### The National Community of Practice: Supporting Families throughout the Lifespan

- Launched in 2012 in 6 states (MO, CT, WA, TN, OK, D.C.)
- Created and continue to expand the LifeCourse Framework and Tools
- In the 4<sup>th</sup> year, 11 new states joined as of July 2016 (Including PA)
- Each state representing a partnership of DD agency and DD council
- Each state sharing the same values, vision, and tools
- Each state strategizing in ways that are unique to that state
- All states sharing and learning from one another

Link:

https://supportstofamilies.org

## The PA Family Network









CONTACT US

DONATE





ABOUT & CONTACT >

CALENDAR >

LIFECOURSE TOOLS >

THEMES & THOUGHTS >





Next workshop

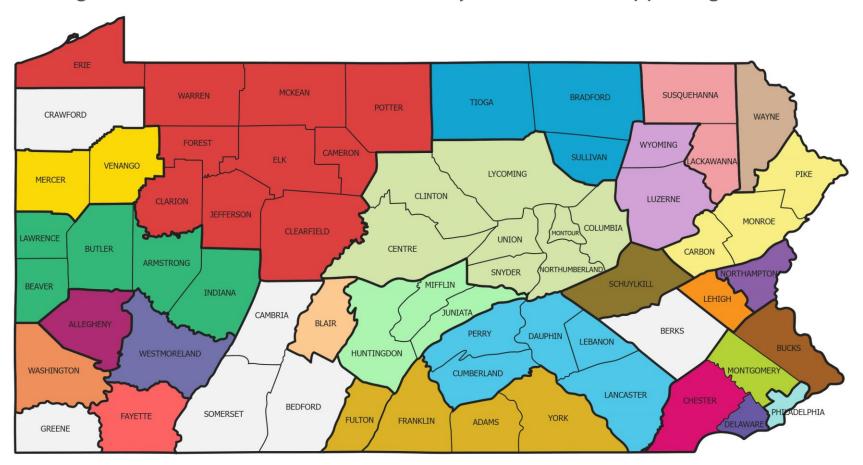
See calendar >



## **Local-Level Connections**



Regional Collaboratives in PA's Community of Practice of Supporting Families



## Core Belief

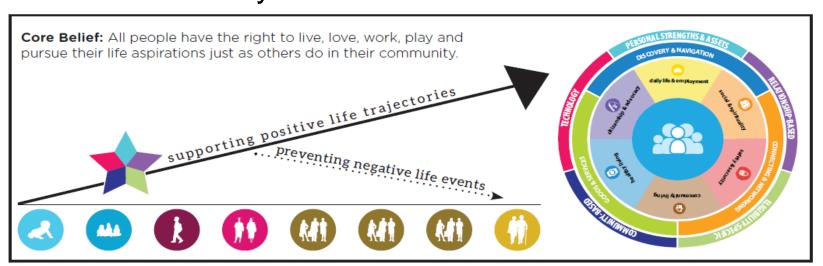




## Charting the LifeCourse



Charting the LifeCourse is a set of principles and easy-touse tools created to help individuals and families of all abilities and all ages to develop a vision for an everyday life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live.



#### Charting the LifeCourse (Continued)



People may focus on their current situation and stage or life but may also find it helpful to look ahead to think about life experiences and relationships that will help move them toward an inclusive, productive, and enjoyable life in the future.

More information is available at <a href="https://www.lifecoursetools.com">www.lifecoursetools.com</a> or on MyODP.org <a href="https://www.lifecoursetools.com">here</a>.



### Life Domains





#### Daily Life & Employment

What a person does as part of everyday life-school, employment, volunteering, communication, routines, life skills.



#### **Community Living**

Where and how someone lives - housing and living options, community access, transportation, home adaptations and modifications.



#### **Healthy Living**

Managing and accessing health care and staying well – medical, mental health, behavioral health, developmental, wellness and nutrition.

#### Life Domains Continued...





#### Safety & Security

Staying safe and secure – emergencies, well-being, guardianship options, legal rights and issues.



#### Social & Spirituality

Building friendships and relationships, leisure activities, personal networks, and faith community.

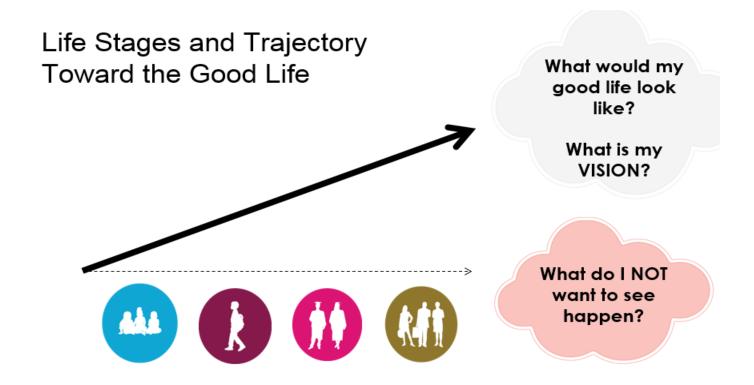


#### **Advocacy & Engagement**

Building valued roles, making choices, setting goals, assuming responsibility and driving how one's own life is lived.

### Creating a Vision





#### PERSONAL STRENGTHS & ASSETS

Life experiences, personal knowledge, personality traits, belongings, social skills, education and training

#### TECHNOLOGY

iPad/smartphone
"apps", remote
monitoring, cognitive
accessibility,
adaptive
equipment

#### RELATIONSHIPS

Family, friends, neighbors, co-workers, community members, church members

## INTEGRATED SUPPORTS

#### **COMMUNITY BASED**

Schools, public transportation, businesses, churches, public safety, hospitals, parks & recreation

#### **ELIGIBILITY SPECIFIC**

Developmental disability services, special education, Medicaid, food stamps, Section 8 housing, Vocational Rehabilitation



## The Office of Developmental Program's Waivers

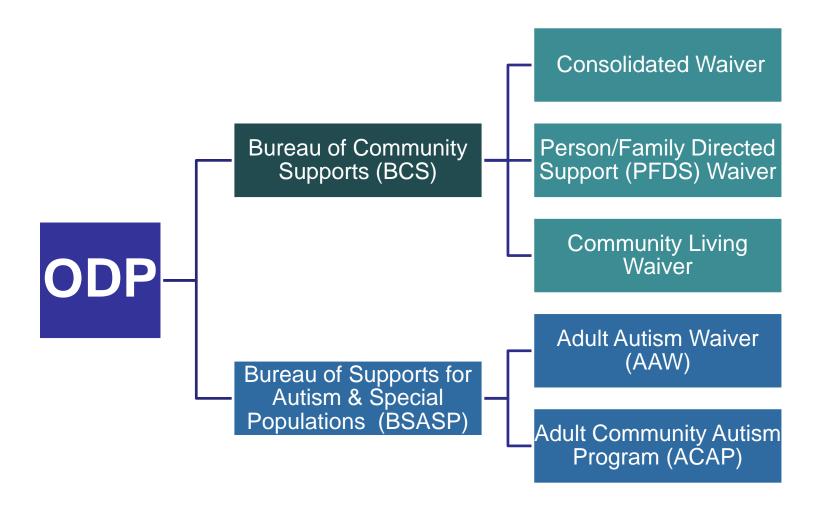
#### **ELIGIBILITY SPECIFIC**

Developmental disability services, special education, Medicaid, food stamps, Section 8 housing, Vocational Rehabilitation

10/22/2020 34

#### Office of Developmental Programs





#### Adult Community Autism Program (ACAP)



#### The Adult Community Autism Program (ACAP)

ACAP is not a waiver.

- It is a managed care program
- Currently available in a limited number of counties.
- One primary provider renders most services and oversees a network of providers for other services (primary care physicians, dentists).

https://www.dhs.pa.gov/Services/Disabilities-Aging/Pages/ACAP.aspx



Waiver	Consolidated	P/FDS	Community Living	Adult Autism Waiver
Population Served	Intellectual Disability (any age)	Intellectual Disability (any age)	Intellectual Disability (any age)	
	Autism (any age)	Autism (any age)	Autism (any age)	Autism (21 and older)
	Developmental Disability (age 0 to 8)	Developmental Disability (age 0 to 8)	Developmental Disability (age 0 to 8)	
Unduplicated People served in 2019/2020	18,981	15,490	3,415	754

## Waiver Comparison Chart



Waiver	<b>Community Living</b>	P/FDS	Consolidated
Limit on Services	\$70,000 Supports Coordination excluded	\$33,000 Supports Coordination and Supports Broker excluded Additional \$ available for employment services	N/A
Services Not Available	Residential Habilitation	Residential Habilitation	
	Life Sharing at Needs Group 3 & 4	Life Sharing	
	Supported Living at Needs Group 3 & 4	Supported Living	
			Participant Directed Goods and Services



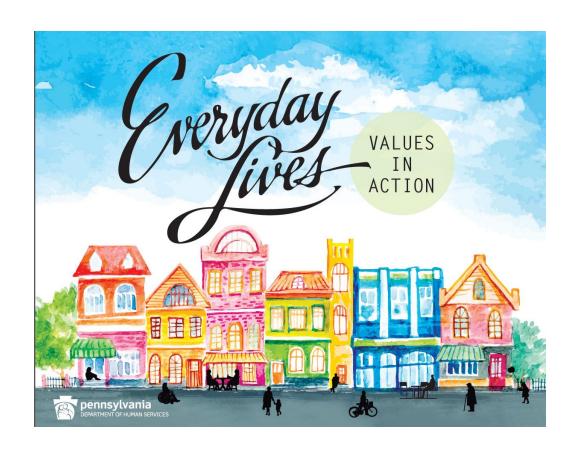
## **Competitive-Integrated Employment**



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Why
Competitive
Integrated
Employment?



## **Everyday Lives**



#### **VALUES STATEMENTS**

WHAT IS IMPORTANT TO PEOPLE WITH DISABILITIES

#### **EVERYDAY LIVES IN ACTION: MY LIFE, MY WAY**

EMPLOYMENT/MEANINGFUL CONTRIBUTION: I want to work and/or have other ways to contribute to my community. My family, supporters, and community support me to find and keep a real job that I like with good wages and benefits or start and run my own business, and/or volunteer the way I want in my community.



#### Recommendation #3



## VALUES IN ACTION: RECOMMENDATIONS

#### 3. INCREASE EMPLOYMENT

Employment is a centerpiece of adulthood and must be available for every person. The benefits of employment for people with disabilities are significant and are the same as for people without disabilities.

#### **EMPLOYMENT IS:**

- Feeling proud
- Having self-confidence
- Getting a paycheck

- Meeting new people
- · Building new skills
- Paying taxes

## **Employment First in PA**



In 2016, Governor Tom Wolf signed Executive Order 2016-03, establishing "Employment First" policy to increase efforts to support competitive integrated employment for Pennsylvanians with a disability.

In 2018, Act 36 was signed, establishing "Employment First" as law in Pennsylvania.



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## Employment First Act

The Employment First Act establishes into law that competitive integrated employment is the first consideration and preferred outcome for all individuals with a disability regardless of severity of disability and assistance required



# The importance of having a vision of a good life

Having a vision sets the dream, the positive expectation for the future. But without a vision, there is no expectation of what the future might look like.



## The Tyranny of Low Expectation



"The reasons for the tyranny of low expectations are rooted in our societal approach to disability, which has historically been viewed as a problem to be fixed (and in many cases feared or isolated), versus a natural part of the human condition that each of us is likely to encounter in our lives."

-Carol Glazer, President of the National Organization on Disability

The full article can be found <u>here</u>.

#### The Most Powerful Force



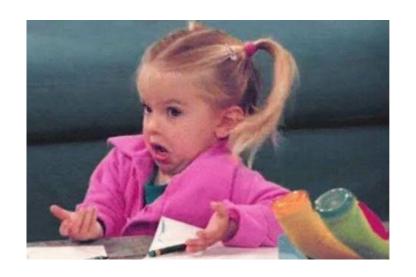
"The most powerful force in changing transition outcomes for young people with significant disabilities is not ultimately found in the transition plans we craft, the educational services we offer, the instruction we provide, or the systems we build, but rather in the expectations and aspirations individual parents hold for their sons and daughters."

> - Erik Carter, "What Matters Most: Research on Elevating Parent Expectations"

The resource can be found <u>here</u>.



## What about families that have "Too High" Expectations? What about them?



Support them to go after those expectations! Or get out of the way!



# How can the LifeCourse Framework help with employment?



https://www.lifecoursetools.com/lifecourse-library/exploring-the-lifedomains/daily-life-and-employment/



LifeCourse can help us understand all the many benefits of working, beyond making money.





## Developing a Vision





#### LIFE DOMAIN VISION TOOL | PERSON CENTERED

Name of Person Completing:		Date:	
On Behalf of	:		
LIFE DOMAIN	DESCRIPTION	MY VISION FOR MY FUTURE	PRIORITY
<u> </u>	Daily Life & Employment: What do I think I will do or want to do during the day in my adult life? What kind of job or career would I like?		
	Community Living: Where would I like to live in my adult life? Will I live alone or with someone else?		
	Social & Spirituality: How will I connect with spiritual and leisure activities, and have friendships and relationships in my adult life?		

### **Employment Guide**





This guide is intended to help individuals, their families, or other people to support a person in thinking about what he or she likes and wants to do when transitioning to adulthood and beyond. The guide helps think about questions to ask, things to do, and resources to access that lead to a job, career, volunteer position, or continuing education.

The full guide can be found <u>here</u>.

### WHAT IS THIS,

and who is it for?















## **Employment Samples**





#### MAPPING EMPLOYMENT SUPPORTS

Write your employment goal in the center of the star. List ideas for supports and strategies to make your goal possible in each of the categories.

goal possible in each of the	categories.	
Technology  How can technology help me achieve my goal?	Personal Strengths & Assets  It are my assets and strengths that will help me achieve my goal?  MY EMPLOYMENT GOAL	Relationships  Who are the people in my life and how can they help me reach my goal?
	MY EMPLOYMENT GOAL	
What community assets can I use to hel achieve my goal?	what kind of	eligibility supports could I access will they help me reach my goal?
Community Based		Eligibility Specific

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My LifeCourse Employment Portfolio

#### 's ONE-PAGE PROFILE

What people like & admire about me

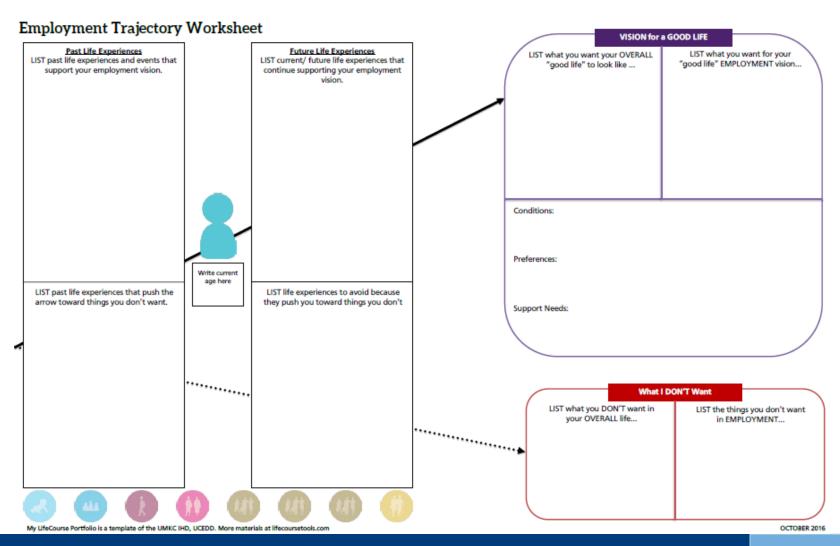
What's Important to MI

How to Best Support ME

Access the LifeCourse framework and tools at lifecoursetools.com

## **Employment Trajectory Sample**





#### Technology

Personal Strengths & Assets

#### Relationships

Job shadow

- Online resume builders
- i-Pad or smart phone
- Computer
- · Online classes
- Social media to connect and search for jobs
- Apps to help learn job skills or stay safe
- Vehicle or home modifications
- Calendar to keep track of schedule
- · Alarm clock or app
- · Electronic reminders
- Calculator
- Direct deposit and automatic bill pay

- · Has chores and responsibilities at home or school
- Uses alarm to wake up and get ready for school or work
  - Knows how to access and use public transportation
    - Has had summer job or other work experience
      - Able to communicate needs
        - Uses a debit card

#### My Employment Goal

- Spend day with friend at their college or trade school
- Ask family friends, teachers what kind of job they think you would be good at
- Start carpool or ride co-op
  - Ask neighbors, friends or family about doing odd jobs for them
- Ask same age peers about their summer or part time jobs
  - Ask friends and family about jobs or education plans after high school

- · Visit businesses to learn about jobs
- · Visit colleges or technical schools
- Attend career day or job fair at school or in community
- · Talk to school counselor about your job interests
- Go to bank and open a student or joint bank account
- · Explore local transportation options
- Learn to use public transportation
- Participate in community theater, after school clubs, sports, scouts, boys/girls clubs

#### **Community Based**

- Vocational Rehabilitation or Independent Living Center for job exploration or assistance
  - Area Career Center for job interest and skill assessment
  - IEP or Transition plan to learn skills and work
     experience
    - IEP to develop a Circle of Friends
- · Agencies or providers who offer social skills classes
  - Special Olympics or Challenger sports programs
    - · Disability specific social groups
    - DDD system personal care supports

## Job coaching Eligibility Specific

### **Waiver Services:**

- Employment services (16 years and older)
- Benefits Counseling (16 years and older)
- Education Support
   Services (18 years and older)
- Community Participation
   Supports (18 years and older)



# Daily Life & Employment

What a person does as part of everyday life – school, employment, volunteering, routines, & life skills.

## **Employment Services**



#### **Employment Service Definition Quick Guide**

Advanced Supported Employment	Supported Employment	Small Group Employment
People interested in competitive integrated employment who have little or no work experience; or  People who have used Supported Employment and were unable to secure a job or keep a job for more than 6 months.	People interested in competitive integrated employment who have little or no work experience; or  People who are currently employed but need extended supports to maintain their current job; or  People who are currently employed but are interested if finding a new job.	People who need to gain work skills to achieve competitive integrated employment and are interested and would benefit from experience in a mobile work force, a work station in industry, affirmative industry or enclave to learn those skills.

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# Additional Waiver-Related Information For Transition-Aged Youth



#### Transition to Adulthood

Moving from childhood to young adulthood and from school to adult life.

## High-School Graduates



ODP is able to plan for and serve 2020 High School graduates in the P/FDS waiver.

 Administrative Entities must plan to enroll the individuals who will graduate from special education each year and who are not eligible to continue their education through the next year in a waiver that will ensure their health and safety needs are met.

10/22/2020

#### Transition to Adulthood





This guide is to help people think about questions to ask, options to consider, and things to talk about with a youth transitioning to adulthood.

LIFE DOMAIN

















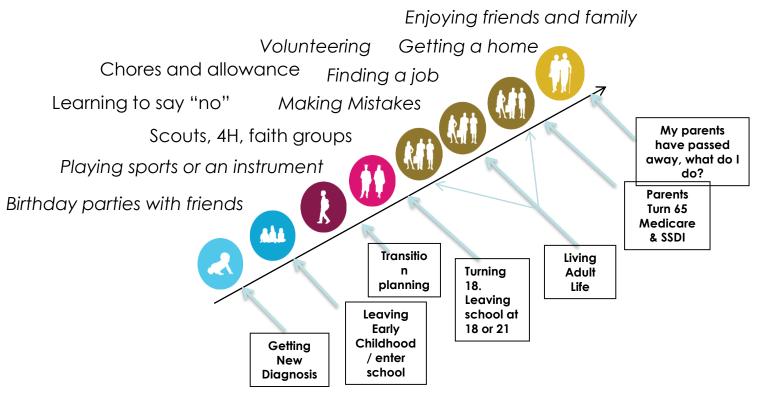
Transition is a point in time filled with change, growth, excitement, and sometimes fear and confusion. Transition is defined as the high school years, age 14 to 21. Transition means that you are moving from childhood to young adulthood, and from school to adult life. There are many things to think about and do to prepare for this change.

This 4-pager is designed to help you think about the common experiences, concerns, and questions for each life domain during this stage. Life domains are the different, but connected, aspects of life, like where we live, who we spend time with, and what we do every day. On the back, you will find questions to help you think about the supports you and/or your family may need during this life stage.

This 4-page guide can be found here.

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"Anticipatory Guidance for Life Experiences"



#### **General Support Services**

- Assistive Technology
- Behavioral support
- Communication services
- Community Participation Supports
- Education support
- Family/Caregiver training and support
- Home and Vehicle modifications
- Homemaker and chore services
- Nursing
- Nutritional consultation
- Supported Living, Life Sharing, Residential, and Housing and Tenancy Sustaining services
- Supports Coordination
- Transportation

## **Employment-specific Services**

- Small Group Employment
- Benefits Counseling
- Advanced Supported Employment
  - Discovery, Job Acquisition, and Job Retention
- Supported Employment
  - Career Assessment, Job Finding or Development, and Job Coaching and Support

#### **Service Providers**

- Supports Coordinators: assist the individual and their support team in selecting and locating services
- Participant-directed services: individuals manage their own care needs

#### Under 21 and Over 21



#### ISP Manual

- Behavioral Support: 21 and over (Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)
- Benefits Counseling: 16 and over
- Community Participation Supports: 18 and over
- Companion: 18 and over (EPSDT)
- Consultative Nutritional Services: 21 and over (EPSDT)
- Education Support Services: 18 and older
- Employment Services: 16 and older
- Housing Transition and Tenancy Sustaining Services: 16 and older
- Music Therapy and Art Therapy: 21 and older (EPSDT)
- Supported Living: 18 and older
- Shift Nursing: 21 and older (EPSDT)
- Specialized Supplies: 21 and older (EPSDT)
- Therapy Services-OT, PT, Speech and Language Therapy, and Orientation, Mobility, and Vision Therapy: 21 and older (EPSDT)



#### **Education Support:**

Helps individuals who want to pursue additional education beyond High School

#### **Community Participation Support:**

Provides opportunities and support for:

- Community inclusion
- Building potential for employment
- Developing relationships, social networks, and valued roles

- Supported Living (18 years and older)
- Life sharing
- Residential Habilitation
- Housing Transition and Tenancy Sustaining Services (16 years and older)
- Companion Services
- In-Home and Community Services



Where and how someone lives – housing and living options, community access, transportation, home adaptations and modifications.



<u>Supported Living:</u> (18 years and older)

(Consolidated and Community Living Waiver)

An agency provides support for an individual in a private home to help them live more independently and participate in the community.

- Direct support is based on the needs of the individual
- On-call staff available 24 hours

#### **Life Sharing:**

(Consolidated, Community Living and Adult Autism waivers (Family Living))

Individual lives in a private home and supported by a host family.

 Provided by the individual's relative(s), legal guardian, or persons who are not related to the individual

#### **Residential Habilitation:**

(Consolidated and Adult Autism Waivers)

Services that are provided to individuals who live in a provider's residential setting.



## Housing Transition and Tenancy Sustaining Services (16 years and older)

(Consolidated, Community Living, and P/FDS waivers)

Assists individuals in being successful tenants in private homes owned, rented or leased by the individual

#### **Concerns & Questions**



If families have specific questions concerning waiver services:

- 1. County Office
- 2. Contact the individual's Supports Coordinator
- 3. Supports Coordinator's Supervisor
- 4. Contact ODP Customer Service Line:
  - 1-888-565-9435

Tuesday-October 27th

1pm Service Access and Management, Inc. - Supports Coordination Services <a href="https://us02web.zoom.us/j/82874220484?pwd=VzliWHBBNzZHN3FEUEZUcGdXQUZIZz09">https://us02web.zoom.us/j/82874220484?pwd=VzliWHBBNzZHN3FEUEZUcGdXQUZIZz09</a> Meeting ID: 828 7422 0484 Password: 515720



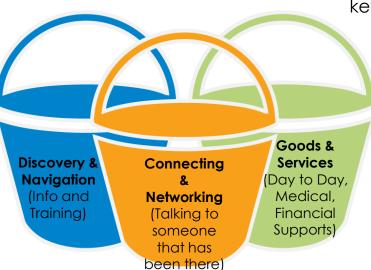


#### **Everyday Lives: Recommendation 4**

The vast majority of people with disabilities in Pennsylvania live with their families. Families need support in order to make an everyday life possible throughout the person's lifetime.

Families need information, resources and training.

Families need connections and peer support opportunities with other families



Listening to people with disabilities and their families is key to providing supports that help them achieve an everyday life.

## MyODP.org





## www.myodp.org

#### PA Family Network



#### **CONTACT US:**



- Vision For Equality PA

   Family Network

   301 Chestnut Street-Suite 403

   Harrisburg, PA 17101
- You can contact us at: <u>PAFamilyNetwork@visionforeq</u> <u>uality.org</u>, or call 1-844-PAFamily (1-844-723-2645)

https://www.visionforequality.org/pa-family-network/

#### Self-Advocates United as One



#### **Contact Us:**

Self Advocates United as 1, Inc, 428 South Main Street, Suite 3 Greenville, PA 16125 724-588-2378

https://www.facebook.com/SAU1PA/

https://sau1.org/



#### Contacts



# PENNSYLVANIA COMMUNITY F PRACTICE FOR SUPPORTING FAMILIES

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PA Family Network

<u>PAFamilyNetwork@visionforequality.org</u>, or call 1-844-PAFamily (1-844-723-2645)

SAU1

info@sau1.org





# Supplemental Slides and Links to Resources







#### Employment and Social Security Benefit Resources



#### Information/Links:

- WIPA (Work Incentives Planning ang Assistance)
  - Central: Goodwill (1-888-960-WORK)
  - East: DRP (1-800-692-7443 x309)
  - West: AHEDD (1-866-902-4333 x6200)
  - Website: <u>www.ssa.gov/work/WIPA.html</u>

#### Tuesday-October 27th

9am The Pennsylvania Work Incentives Planning and Assistance (WIPA) Program <a href="https://us02web.zoom.us/j/81192306365?pwd=dVYzY2FLSVhDQmFKbzhLcHNzK2Fldz09">https://us02web.zoom.us/j/81192306365?pwd=dVYzY2FLSVhDQmFKbzhLcHNzK2Fldz09</a>
Meeting ID: 811 9230 6365 Passcode: 349940

- Social Security Red Book: <a href="https://www.ssa.gov/redbook/">https://www.ssa.gov/redbook/</a>
- Ticket to Work: <a href="https://choosework.ssa.gov/">https://choosework.ssa.gov/</a>
- ABLE Accounts: <a href="https://paable.gov/">https://paable.gov/</a>

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## Additional Options and Resources



- Conversation with school
- Work Incentives Planning Assistance Program (WIPA)
- Office of Vocational Rehabilitation (OVR)
  - https://www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages/default.aspx
  - https://www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages/OVR-Office-Directory.aspx

#### Wednesday-October 28th

10:30m Vocational Rehabilitation - Bureau of Blind and Visual Services <a href="https://us02web.zoom.us/j/81579631671?pwd=cFhPYkIrMTZHRWVDeC9aRnNYZno4UT09">https://us02web.zoom.us/j/81579631671?pwd=cFhPYkIrMTZHRWVDeC9aRnNYZno4UT09</a> Meeting ID: 815 7963 1671 Passcode: 170614

- Pennsylvania Secondary Transition Guide
  - http://secondarytransition.org/page/transition\_discoveries\_guide

### Resources



# Early and Periodic Screening, Diagnostic, and Treatment (EPSDT)

- https://www.medicaid.gov/medicaid/be nefits/epsdt/index.html
  - Screening, vision, dental, hearing, diagnostic, and other necessary health care services, along with treatment

#### Self-Advocates United as 1 (SAU1)

- info@sau1.org or 1-877-304-7730
- http://sau1.org/



## PA Family Network

- PAFamilyNetwork@visionforequality. org or 1-844-723-2645
- https://www.visionforequality.org/pafamily-network/

# Resources



- Current ISP Manual
  - https://www.dhs.pa.gov/docs/Publications/Documents/FOR MS%20AND%20PUBS%20ODP/Attachment%201%20-%20ISP%20Manual.pdf
- DHS Bulletins, to include ODP
  - https://www.dhs.pa.gov/docs/Publications/Pages/Bulletin-List.aspx
- ASERT Statewide Resource Center 877-231-4244
  - www.PAautism.org
- LifeCourse Tools
  - https://www.lifecoursetools.com



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# Links to ODP's Waivers



- Consolidated Waiver
  - https://www.dhs.pa.gov/Services/Disabilities-Aging/Pages/Consolidated-Waiver.aspx
- P/FDS Waiver
  - https://www.dhs.pa.gov/Services/Disabilities-Aging/Pages/PFDS-Waiver.aspx
- Community Living Waiver
  - https://www.dhs.pa.gov/Services/Disabilities-Aging/Pages/Community-Living-Waiver.aspx
- Adult Autism Waiver
  - https://www.dhs.pa.gov/Services/Disabilities-Aging/Pages/Adult%20Autism%20Waiver.aspx

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## Additional Options and Resources



- Adult Autism Waiver or ACAP, request an application either:
  - ONLINE by visiting the <a href="https://www.humanservices.state.pa.us/irt">https://www.humanservices.state.pa.us/irt</a> or,
  - BY PHONE, call 1-866-539-7689 (toll free number)
- Resources for individuals with autism
  - o <a href="http://www.paautism.org/">http://www.paautism.org/</a>
- The Office of Long Term Living (OLTL) has 5 Waivers:
  - Aging Waiver
  - Attendant Care Waiver
  - CommCare Waiver
  - Independence Waiver
  - OBRA waiver

# Office of Long-Term Living Waivers



Attendant Care Waiver: Age 18-59, in need of skilled nursing care, have a physical disability, capable of managing your own financial & legal affairs, meet financial requirements as determined by county assistance office

CommCare Waiver: Age 21 or older, have a traumatic brain injury and in need of skilled nursing care ("nursing facility clinically eligible"), meet financial requirements as determined by county assistance office

# Office of Long-Term Living Waivers



Independence Waiver: age 18-60, have a severe physical disability, have nursing facility level of care, substantial functional limitations in at least three of the following areas (self-care, understanding and use of language, learning, mobility, self-direction and/or capacity for independent living), meet financial requirements as determined by county assistance office

**OBRA Waiver**: age 18-59, have a severe developmental physical disability requiring an Intermediate Care Facility/Other Related Conditions (ICF/ORC) level of care, substantial functional limitations in three or more of the following major life activities (self-care, communication, learning, mobility, self-direction and capacity for independent living), meet the financial requirements as determined by county assistance office

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# Office of Long-Term Living Contacts



#### **OLTL** Waivers

- Eligibility/Enrollment Process:
  - o www.PAIEB.com
  - Toll Free helpline: 877-550-4227
  - Toll Free TTY line: 877.824.9346



# Thank You!



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